



Ryhope Junior School

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Headteacher: Mrs F Lynn

3rd May 2023

Year 5 Health and Hygiene (Puberty) Talk

Dear Families,

I wish to inform you that the School Nurse will be delivering a talk, to the Year 5 children on the topics of "Growing Up" and "Hygiene" as part of Puberty and this will take place on Monday, 22nd May (for girls) and Tuesday 23rd May (for boys) 2023.

Separate sessions will be held for the boys and girls and the children will be able to ask questions on related matters.

The girls will be shown the "Growing Up" video while the boys will be shown a video on the subject of "Hygiene".

If you would like to discuss any aspects of the topics, I would be pleased to discuss the matters with you in person or on the phone.

This is a practice which other Junior and Primary schools have. Parents do have the right to withdraw their child from this lesson, if they wish to.

I have enclosed an NHS booklet provided to school by the nursing team. This booklet will help you to support your child's understanding of some of the topics to be discussed and will be referenced to throughout the talk.

Parents are asked to complete the slip at the bottom of this letter and return it to school no later than Friday 19th May. If we do not receive the reply and/or the response is not circled your child will not take part in the lesson.

Yours sincerely

Mrs. F Lynn
Headteacher

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Please complete and return to Ryhope Junior School no later than Friday, 19th May 2023

Year 5 Health & Hygiene (Puberty) – Monday 22nd May and Tuesday 23rd May 2023

Please circle your
response:

I give permission for my child to attend the talk on Puberty,
given by the School Nurse.

Yes No

Name of Child:

Class:

Signed:
Parent/Carer

Date:

